

ONO Spa reopens at The Mandala Hotel Urban wellness redefined

Berlin, October 8, 2019 – Perched high above the thriving arts center and futuristic architectural landmark of Berlin's Potsdamer Platz, the newly reopened ONO Spa at the Mandala Hotel is the epitome of discrete urban retreat. Following an extensive renovation program, the spa seamlessly combines regenerative technology with traditional therapies to provide an unrivalled wellness experience in the heart of the German capital. Set across 600 sqm and designed by Berlin-based creative studio Braun & Braun, ONO features an extensive range of experience showers and saunas, as well as a steam room and three private therapy rooms—two of which boast city views. Bespoke treatments conceived in collaboration with Team Dr Joseph, a fully equipped fitness suite and state-of-theart facilities including the Iyashi Dôme infra-red treatment bed complete the picture of the city's hottest new holistic hideaway. www.designhotels.com/the-mandala-hotel

The first city hotel in Germany to work with the renowned Italian skincare brand, ONO's partnership with Team Dr Joseph invites guests to experience an exquisite range of corporal and cosmetic therapies that harness the natural power of herbs and botanicals. Signature treatments include the rejuvenating Advanced Biolifting Face Treatment and the Ultrasonic Facial Lift, a premium intensive therapy that utilizes natural active ingredients and ultrasonic frequencies. The body treatments combine traditional Eastern techniques with pioneering products and technology, with the spa's team of highly-qualified experts specializing in Lomi Lomi, Balinese and Abhyanga massage.

A serene design concept informed by feng shui creates a warm, harmonious atmosphere throughout the spa, underlined by discrete, personable service courtesy of the skillful wellness team. Offering a wholly unique spa experience, ONO features a full range of high-tech facilities that rank among the finest in the country. A chromo light therapy bio sauna sits alongside a traditional Finnish sauna, Turkish bath and an exclusive women's sauna—all with spectacular views over the Berlin rooftops. The experience showers include the multi-sensory Aquamoon model designed by Michael Neumayr, and the spa is also the first in the country to offer the Iyashi Dôme infra-red couch. Inspired by the traditional Japanese sauna, the Iyashi Dôme revitalizes the cells of the body through a series of accelerated detoxification and cleansing processes.

For the ultimate in urban indulgence, ONO has introduced a series of day wellness packages designed to allow guests to fully discover the exclusive concept of the spa. Alongside the experiential elements of the space, day spa guests can access the cozy fireside relaxation lounge and the open-air terrace filled with lush greenery. Flexible memberships are also available for city residents and regular guests, complete with exclusive discounts and benefits for use in the spa and hotel.

The spacious fitness area has been fully equipped with Technogym's Artis collection including cardio machines, treadmills, elliptical trainers, bicycles and rowing machines, in addition to Kinesis stations. Personal trainers are on hand to elevate day-to-day workouts, while practitioners specializing in Ayurveda yoga offer both group and private sessions. The gym and fitness suite are accessible 24 hours a day, seven days a week for hotel guests and ONO members.

#### About The Mandala Hotel

2019 marks the 20<sup>th</sup> anniversary of The Mandala Hotel, a refined urban refuge defined by pure luxury and elegant style located in the midst of Berlin's exhilarating Potsdamer Platz. Designed by Lutz Hesse, the hotel's 159 spacious guestrooms feature handcrafted tables and ornaments set to a chic backdrop of raw silk curtains and cherry-wood floors. Celebrating its 18<sup>th</sup> birthday this year, the hotel's two Michelin-starred restaurant FACIL—one of only five in the capital—offers exquisitely crafted dishes in a lush, tranquil courtyard setting. For a more informal dining experience, the first-floor QIU Restaurant & Bar creates an elegant symbiosis between gourmet location and exclusive club lounge. The hotel's crowning glory, the ONO Spa is a world of holistic wellbeing high above Berlin, offering panoramic views and indulgent treatments tailor-made for those who value individualism and privacy.





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